

YARRA BEND JUNIOR GOLF PROGRAM

EVERYTHING YOU NEED TO KNOW



JUNIOR GOLF PROGRAMS

CYCLONE	SMASH	WAVE
5 – 8 years old	9-12 years old	13-17 years old
<p>Golf Fundamentals are developed via a series of skill progressions that break individual swing components into easy to understand concepts. Given that young children take time to master new skills, each fundamental is taught for four weeks in order to give your child enough time to develop the skill being learned. In addition, we create a learning environment that encourages exploration and creativity - critical elements in the process of motor learning.</p> <p>It is easier for any child to learn golf fundamentals if they are athletic. Once enrolled in the Yarra Bend Junior Program, your child's athletic foundation will be assessed and further developed, with athletic training being incorporated into every session.</p> <p>Developing Fundamental Movement Skills is the focus of our Cyclone Program. This athletic foundation will also enhance the ability of your child in other sports they play.</p>	<p>The Smash Program will continue to develop the athletic foundation required to play golf well. From a growth and maturation perspective, the years between 9 and 12 are a great time to learn new skill, which is reflected in the curriculum of the program with a heavy focus on refining existing golf skills and developing new ones.</p> <p>Athletic development focuses on learning Fundamental Sports Skills. The combination of Fundamental Movement Skills (developed in the Cyclone Program) and Fundamental Sports Skills is called 'Physical Literacy'. Physical Literacy is the athletic foundation that underpins success in any sport. Therefore, heavy emphasis is placed upon the development of Fundamental Sports Skills throughout this phase of development.</p>	<p>The Wave Program takes into account the challenges encountered during what can be one of the most difficult phases in a junior golfers development - dealing with a major growth spurt.</p> <p>Whilst the program continues to refine golf fundamentals, it has a particular focus on developing all the skills required to shoot lower scores. The Waze Program teaches shot making skills such as trajectory and flight control, develops course strategy, game management, and introduces tournament preparation skills.</p> <p>There is also a focus on teaching effective practice, analysing competition performance and basic mental skills.</p> <p>Athletic development takes advantage of a number of training factors that are highly trainable at this time. Speed, Stamina, Suppleness, Strength, and 3D Integration are all trained and developed as part of our Wave Program.</p>

JUNIOR GOLF CURRICULUM

Each Class includes golf and physical training

GOLF	PHYSICAL TRAINING	GRADING
<p>Technique and skill work, along with scoring games are conducted on the driving range, short game area and putting green. The Programs cover driving, fairway shots, irons, short shots, chipping, and putting.</p> <p>Each class has 2 golf stations and within those stations 2 themes are focused upon. Themes are repeated for a 4-week cycle to help students master those basics before more advanced themes are introduced.</p>	<p>The physical stations are conducted by a sports trainer, with expertise in advanced golf development. Physical development is crucial in the development of student's sports skills.</p> <p>We endeavour to create excellent athletes in our pursuit to grow the game of golf.</p>	<p>As a student cycles through the curriculum, there is a requirement to 'Grade'. These testing days are run twice per year. (It is very similar to the Karate/Martial arts belt system.)</p> <p>To progress, juniors will have to pass fun (age appropriate tests), that examine their ability to execute the basic golf and athletic skills they have learned. Students attempt various skills and are rewarded points as they complete the station. The points add up to a grading level and if they are successful, students are rewarded with their new badge. The badge denotes skill level and subsequent curriculum.</p> <p><i>I.e. Children in the Advanced Cyclone program have graded up from the Cyclone program</i></p>

FAQ

➤ **What is the student to coach ratio?**

The student/coach ratio is always 1 coach to 6 students.

➤ **What if my child misses a class?**

Make up classes are scheduled for week 9 of the term and students can use this class if they have missed a previous class for any reason or if a scheduled class was washed out.

➤ **How do I know when the class is at Latrobe Golf Club?**

The coordinator regularly notifies parents of any special information, upcoming dates, and activities via email or through our app training space and forum TeamApp

➤ **Does my child need golf equipment?**

We provide all golfing equipment required, however if your child does have golfing equipment – they are highly encouraged to bring it along.

➤ **What does my child wear?**

Something comfortable that your child can run around in. Runners or golf shoes are fine.

➤ **Can my child try a class to see if they like it?**

Students are always welcome to try out a class for free to see if they like it. Additionally, students do not have to wait until the term starts to join in. They are more than welcome to start in the middle of term and we will adjust the price accordingly.

➤ **What class do I book my child into?**

If your child is a new student, please book them into the appropriate age class. I.e: If your child is 7, please book them into Cyclone. Your child is assessed at their first lesson and the instructor will move them up into another class if required.

Please direct any other questions to James Hartley – Junior Golf Coordinator. Mobile: 0402 642 671 Email: juniorprogram@yarrabendgolf.com

FEES

CYCLONE	WAVE	SMASH
\$269 (Per Term)	\$349 (Per Term)	

Fees include all administration, Yarra Bend cap and badges, grading and Latrobe Golf Course fees.

New students will be charged the new student rate for their first term only and then the returning student fees for all subsequent terms.

CLASS TIMETABLE

TERM 3 - 2021



CYCLONE CLASSES

TERM 3 – 2021

(Monday, Saturday and Sunday)



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MONDAY CLASSES



Week no.	
<i>Week 1</i>	Monday July 12th
<i>Location</i>	Yarra Bend Golf
<i>Week 2</i>	Monday July 19th
<i>Location</i>	Yarra Bend Golf
<i>Week 3</i>	Monday July 26th
<i>Location</i>	Yarra Bend Golf
<i>Week 4</i>	Monday August 2nd
<i>Location</i>	Yarra Bend Golf
<i>Week 5</i>	Monday August 9th
<i>Location</i>	Yarra Bend Golf
<i>Week 6</i>	Monday August 16th
<i>Location</i>	Yarra Bend Golf
<i>Week 7</i>	Monday August 23rd
<i>Location</i>	Yarra Bend Golf
<i>Week 8</i>	Monday August 30th
<i>Location</i>	Yarra Bend Golf
<i>Week 9</i>	Monday September 6th
<i>Location</i>	Yarra Bend Golf
<i>Week 10</i>	Monday September 13th
<i>Location</i>	Yarra Bend Golf

SATURDAY CLASS - CYCLONE



	Level 1 Cyclone	Level 2 Cyclone	Level 3 Cyclone
Week no.	9:00am Saturdays	10:00am Saturdays	11:00am Saturdays
Week 1	Saturday July 17th	Saturday July 17th	Saturday July 17th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 2	Saturday July 24th	Saturday July 24th	Saturday July 24th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 3	Saturday July 31 st	Saturday July 31 st	Saturday July 31 st
Location	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
Week 4	Saturday August 7 th	Saturday August 7 th	Saturday August 7 th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 5	Saturday August 14 th	Saturday August 14 th	Saturday August 14 th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 6	Saturday August 21 st	Saturday August 21 st	Saturday August 21 st
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 7	Saturday August 28 th	Saturday August 28 th	Saturday August 28 th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 8	Saturday September 4 th	Saturday September 4 th	Saturday September 4 th
Location	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
Week 9	Saturday September 11 th	Saturday September 11 th	Saturday September 11 th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 10	Saturday September 18 th	Saturday September 18 th	Saturday September 18 th
Location	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course

SUNDAY CLASS - CYCLONE



	Level 1 Cyclone	Level 2 Cyclone	Level 3 Cyclone
Week no.	9:00am Sundays	10:00am Sundays	11:00am Sundays
<i>Week 1</i>	Sunday July 18th	Sunday July 18th	Sunday July 18th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
<i>Week 2</i>	Sunday July 25th	Sunday July 25th	Sunday July 25th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
<i>Week 3</i>	Sunday August 1st	Sunday August 1st	Sunday August 1st
Location	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
<i>Week 4</i>	Sunday August 8th	Sunday August 8th	Sunday August 8th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
<i>Week 5</i>	Sunday August 15th	Sunday August 15th	Sunday August 15th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
<i>Week 6</i>	Sunday August 22nd	Sunday August 22nd	Sunday August 22nd
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
<i>Week 7</i>	Sunday August 29th	Sunday August 29th	Sunday August 29th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
<i>Week 8</i>	Sunday September 5th	Sunday September 5th	Sunday September 5th
Location	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
<i>Week 9</i>	Sunday September 12th	Sunday September 12th	Sunday September 12th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
<i>Week 10</i>	Sunday September 19th	Sunday September 19th	Sunday September 19th
Location	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course

SMASH AND WAVE CLASSES

TERM 3 – 2021

(Monday, Saturday and Sunday)



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MONDAY CLASSES



	<i>Smash</i>
Week no.	5:00pm Mondays
<i>Week 1</i>	Monday July 12th
<i>Location</i>	Yarra Bend Golf
<i>Week 2</i>	Monday July 19th
<i>Location</i>	Yarra Bend Golf
<i>Week 3</i>	Monday July 26th
<i>Location</i>	Yarra Bend Golf
<i>Week 4</i>	Monday August 2nd
<i>Location</i>	Yarra Bend Golf
<i>Week 5</i>	Monday August 9th
<i>Location</i>	Yarra Bend Golf
<i>Week 6</i>	Monday August 16th
<i>Location</i>	Yarra Bend Golf
<i>Week 7</i>	Monday August 23rd
<i>Location</i>	Yarra Bend Golf
<i>Week 8</i>	Monday August 30th
<i>Location</i>	Yarra Bend Golf
<i>Week 9*</i>	Monday September 6th
<i>Location</i>	Yarra Bend Golf
<i>Week 10*</i>	Monday September 13th
<i>Location</i>	Yarra Bend Golf

*Weeks 9 & 10 added to schedule in lieu of missed classes during lockdown.

SATURDAY CLASSES – SMASH AND WAVE



	Level 1 Smash	Level 2 Smash
Week no.	12:00pm Saturdays	1:30am Saturdays
Week 1	Saturday July 17th	Saturday July 17th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 2	Saturday July 24th	Saturday July 24th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 3	Saturday July 31st	Saturday July 31st
Location	Studley Park Golf Course	Studley Park Golf Course
Week 4	Saturday August 7th	Saturday August 7th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 5	Saturday August 14th	Saturday August 14th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 6	Saturday August 21st	Saturday August 21st
Location	Yarra Bend Golf	Yarra Bend Golf
Week 7	Saturday August 28th	Saturday August 28th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 8	Saturday September 4th	Saturday September 4th
Location	Studley Park Golf Course	Studley Park Golf Course
Week 9*	Saturday September 11 th	Saturday September 11 th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 10*	Saturday September 18 th	Saturday September 18 th
Location	Studley Park Golf Course	Studley Park Golf Course

Wave
3:00pm Saturdays
Saturday July 17th
Yarra Bend Golf
Saturday July 24th
Yarra Bend Golf
Saturday July 31st
Studley Park Golf Course
Yarra Bend Golf
Saturday August 7th
Yarra Bend Golf
Saturday August 14th
Yarra Bend Golf
Saturday August 21st
Yarra Bend Golf
Saturday August 28th
Yarra Bend Golf
Saturday September 4th
Studley Park Golf Course
Saturday September 11 th
Yarra Bend Golf
Saturday September 18 th
Studley Park Golf Course

*Weeks 9 & 10 added to schedule in lieu of missed classes during lockdown.

SUNDAY CLASS – SMASH & WAVE



	Level 1 Smash	Level 2 Smash
Week no.	12:00pm Sundays	1:00pm Sundays
Week 1	Sunday July 18th	Sunday July 18th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 2	Sunday July 25th	Sunday July 25th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 3	Sunday August 1st	Sunday August 1st
Location	Studley Park Golf Course	Studley Park Golf Course
Week 4	Sunday August 8th	Sunday August 8th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 5	Sunday August 15th	Sunday August 15th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 6	Sunday August 22nd	Sunday August 22nd
Location	Yarra Bend Golf	Yarra Bend Golf
Week 7	Sunday August 29th	Sunday August 29th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 8	Sunday September 5th	Sunday September 5th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 9*	Sunday September 12th	Sunday September 12th
Location	Yarra Bend Golf	Yarra Bend Golf
Week 10*	Sunday September 19th	Sunday September 19th
Location	Studley Park Golf Course	Studley Park Golf Course

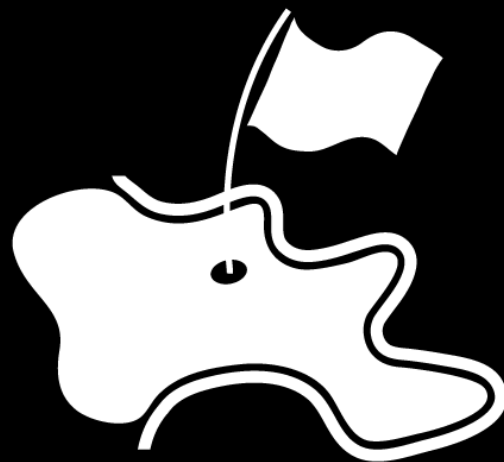
Wave
2:00pm Sundays
Sunday July 18th
Yarra Bend Golf
Sunday July 25th
Yarra Bend Golf
Sunday August 1st
Studley Park Golf Course
Sunday August 8th
Yarra Bend Golf
Sunday August 15th
Yarra Bend Golf
Sunday August 22nd
Yarra Bend Golf
Sunday August 29th
Yarra Bend Golf
Sunday September 5th
Yarra Bend Golf
Sunday September 12th
Yarra Bend Golf
Sunday September 19th
Studley Park Golf Course

*Weeks 9 & 10 added to schedule in lieu of missed classes during lockdown.

ELITE DEVELOPMENT

TERM 3 – 2021

(WEDNESDAY)



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**ELITE DEVELOPMENT SQUAD IS
BY INVITATION ONLY**

YARRA BEND JUNIOR PROGRAM

IN ASSOCIATION WITH

