

YARRA BEND JUNIOR GOLF PROGRAM

EVERYTHING YOU NEED TO KNOW



JUNIOR GOLF PROGRAMS

CYCLONE	SMASH
<p data-bbox="400 352 752 387">5 – 8 YEARS OLD</p> <p data-bbox="53 429 1104 611">Golf Fundamentals are developed via a series of skill progressions that break individual swing components into easy-to-understand concepts. Given that young children take time to master new skills, each fundamental is taught for four weeks in order to give your child enough time to develop the skill being learned. In addition, we create a learning environment that encourages exploration and creativity - critical elements in the process of motor learning.</p> <p data-bbox="73 646 1084 735">It is easier for any child to learn golf fundamentals if they are athletic. Once enrolled in the Yarra Bend Junior Program, your child's athletic foundation will be assessed and further developed, with athletic training being incorporated into every session.</p> <p data-bbox="80 770 1077 828">Developing Fundamental Movement Skills is the focus of our Cyclone Program. This athletic foundation will also enhance the ability of your child in other sports they play.</p>	<p data-bbox="1473 352 1845 387">9 – 12 YEARS OLD</p> <p data-bbox="1144 440 2186 561">The Smash Program will continue to develop the athletic foundation required to play golf well. From a growth and maturation perspective, the years between 9 and 12 are a great time to learn new skill, which is reflected in the curriculum of the program with a heavy focus on refining existing golf skills and developing new ones.</p> <p data-bbox="1140 596 2186 746">Athletic development focuses on learning Fundamental Sports Skills. The combination of Fundamental Movement Skills (developed in the Cyclone Program) and Fundamental Sports Skills is called 'Physical Literacy'. Physical Literacy is the athletic foundation that underpins success in any sport. Therefore, heavy emphasis is placed upon the development of Fundamental Sports Skills throughout this phase of development.</p>
WAVE	ELITE DEVELOPMENT PROGRAM
<p data-bbox="383 983 777 1018">13 – 17 YEARS OLD</p> <p data-bbox="69 1059 1090 1149">The Wave Program takes into account the challenges encountered during what can be one of the most difficult phases in a junior golfers' development - dealing with a major growth spurt.</p> <p data-bbox="58 1184 1102 1305">Whilst the program continues to refine golf fundamentals, it has a particular focus on developing all the skills required to shoot lower scores. The Wave Program teaches shot making skills such as trajectory and flight control, develops course strategy, game management, and introduces tournament preparation skills.</p> <p data-bbox="69 1340 1090 1398">There is also a focus on teaching effective practice, analysing competition performance and basic mental skills.</p> <p data-bbox="69 1433 1090 1522">Athletic development takes advantage of a number of training factors that are highly trainable at this time. Speed, Stamina, Suppleness, Strength, and 3D Integration are all trained and developed as part of our Wave Program.</p>	<p data-bbox="1196 1062 2130 1120">Invitation only. Please contact juniorprogram@yarrabendgolf.com for more information.</p>

JUNIOR GOLF CURRICULUM



Each class includes golf and physical training

GOLF	PHYSICAL TRAINING	GRADING
<p>Technique and skill work, along with scoring games are conducted on the driving range, short game area and putting green. The Programs cover driving, fairway shots, irons, short shots, chipping, and putting.</p> <p>Each class has 2 golf stations and within those stations 2 themes are focused upon. Themes are repeated for a 4-week cycle to help students master those basics before more advanced themes are introduced.</p>	<p>The physical stations are conducted by a sports trainer, with expertise in advanced golf development. Physical development is crucial in the development of student's sports skills.</p> <p>We endeavour to create excellent athletes in our pursuit to grow the game of golf.</p>	<p>As a student cycles through the curriculum, there is a requirement to 'Grade'. These testing days are run twice per year. (It is very similar to the Karate/Martial arts belt system.)</p> <p>To progress, juniors will have to pass fun (age-appropriate tests), that examine their ability to execute the basic golf and athletic skills they have learned. Students attempt various skills and are awarded points as they complete the station. The points add up to a grading level and if they are successful, students are rewarded with their new badge. The badge denotes skill level and subsequent curriculum.</p> <p><i>I.e., Children in the Advanced Cyclone program have graded up from the Cyclone program.</i></p>

FAQ



➤ **What is the student to coach ratio?**

The student/coach ratio is always 1 coach to 6 students.

➤ **What if my child misses a class?**

Make up classes are scheduled for week 9 of the term and students can use this class if they have missed a previous class for any reason or if a scheduled class was washed out.

➤ **How do I know when the class is at Latrobe Golf Club?**

The coordinator regularly notifies parents of any special information, upcoming dates, and activities via email or through our app training space and forum TeamApp

➤ **Does my child need golf equipment?**

We provide all golfing equipment required, however if your child does have golfing equipment – they are highly encouraged to bring it along.

➤ **What does my child wear?**

Something comfortable that your child can run around in. Runners or golf shoes are fine.

➤ **What class do I book my child into?**

If your child is a new student, please book them into the appropriate age class. I.e: If your child is 7, please book them into Cyclone. Your child is assessed at their first lesson and the instructor will move them up into another class if required.

Please direct any other questions to James Hartley – Junior Golf Coordinator. Mobile: 0402 642 671 Email: juniorprogram@yarrabendgolf.com

FEES

CYCLONE	CYCLONE	WAVE	SMASH	WAVE	SMASH
New Student	Returning Student	New Student	Returning Student	New Student	Returning Student
\$250 (Per Term)	\$235 (Per Term)	\$330 (Per Term)	\$315 (Per Term)		

Fees include all administration, Yarra Bend cap and badges, grading and Latrobe Golf Course fees.

New students will be charged the new student rate for their first term only and then the returning student fees for all subsequent terms.

CLASS TIMETABLE

TERM 2 - 2021



CYCLONE CLASSES

TERM 2 – 2021

(Monday, Saturday and Sunday)



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MONDAY CLASS - CYCLONE

(Cyclone class run between 4:30pm-5:30pm)



	Beginner Cyclone
Week no.	4:30pm Monday
<i>Week 1</i>	Monday 26th April
<i>Location</i>	Yarra Bend Golf
<i>Week 2</i>	Monday 3rd May
<i>Location</i>	Yarra Bend Golf
<i>Week 3</i>	Monday 10th May
<i>Location</i>	Yarra Bend Golf
<i>Week 4</i>	Monday 17th May
<i>Location</i>	Yarra Bend Golf
<i>Week 5</i>	Monday 24th May
<i>Location</i>	Yarra Bend Golf
<i>Week 6</i>	Monday 31st May
<i>Location</i>	Yarra Bend Golf
<i>Week 7</i>	Monday 7th June
<i>Location</i>	Yarra Bend Golf
<i>Week 8</i>	Monday 14th June
<i>Location</i>	Yarra Bend Golf
Junior Tournament	Saturday July 3rd
	Studley Park Golf Course
	TBC

SATURDAY CLASSES - CYCLONE



	Level 1 Cyclone	Level 2 Cyclone	Level 3 Cyclone
Week no.	9:00am Saturdays	10:00am Saturdays	11:00am Saturdays
Week 1	Saturday May 1st	Saturday May 1st	Saturday May 1st
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 2	Saturday May 8th	Saturday May 8th	Saturday May 8th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 3	Saturday May 15th	Saturday May 15th	Saturday May 15th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 4	Saturday May 22nd	Saturday May 22nd	Saturday May 22nd
Location	Term 2 - Grading Day	Term 2 - Grading Day	Term 2 - Grading Day
	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 5	Saturday May 29th	Saturday May 29th	Saturday May 29th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 6			
	Saturday June 5th	Saturday June 5th	Saturday June 5th
Location	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 7	Saturday June 12th	Saturday June 12th	Saturday June 12th
Location	Term 2 - Grading Day	Term 2 - Grading Day	Term 2 - Grading Day
	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 8	Saturday June 19th	Saturday June 19th	Saturday June 19th
Location	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
Junior Tournament	Saturday June 26th	Saturday June 26th	Saturday June 26th
	Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
	TBC	TBC	TBC

(Cyclone class run for 1 hour)

SUNDAY CLASSES - CYCLONE



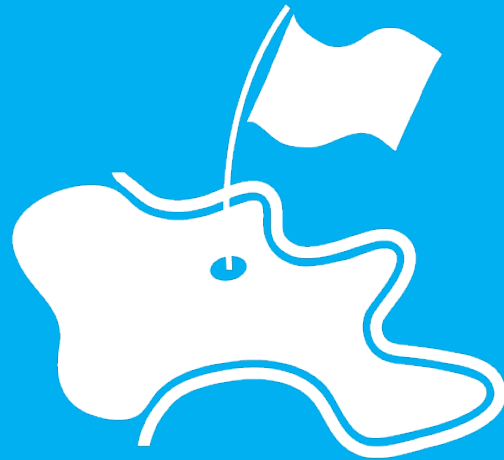
(Cyclone class run for 1 hour)

<i>Level 1 Cyclone</i>	<i>Level 2 Cyclone</i>	<i>Level 3 Cyclone</i>
9:00am Sundays	10:00am Sundays	11:00am Sundays
Sunday May 2nd	Sunday May 2nd	Sunday May 2nd
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Sunday May 9th	Sunday May 9th	Sunday May 9th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Sunday May 16th	Sunday May 16th	Sunday May 16th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Sunday May 23rd	Sunday May 23rd	Sunday May 23rd
Term 1 - Grading Day	Term 1 - Grading Day	Term 1 - Grading Day
Sunday May 30th	Sunday May 30th	Sunday May 30th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Sunday June 6th	Sunday June 6th	Sunday June 6th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Sunday June 13th	Sunday June 13th	Sunday June 13th
Term 1 - Grading Day	Term 1 - Grading Day	Term 1 - Grading Day
Sunday June 20th	Sunday June 20th	Sunday June 20th
Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
Saturday June 26th	Saturday June 26th	Saturday June 26th
Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
TBC	TBC	TBC

SMASH AND WAVE CLASSES

TERM 2 – 2021

(Monday, Saturday and Sunday)



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MONDAY CLASS – SMASH

Smash/Wave class run for 1.5 hour



<i>Smash</i>
5:30pm Monday
Monday 26th April
Yarra Bend Golf
Monday 3rd May
Yarra Bend Golf
Monday 10th May
Yarra Bend Golf
Monday 17th May
Yarra Bend Golf
Monday 24th May
Yarra Bend Golf
Monday 31st May
Yarra Bend Golf
Monday 7th June
Yarra Bend Golf
Monday 14th June
Yarra Bend Golf
Sunday July 4th
Yarra Bend Golf Course
TBC

SATURDAY CLASSES – SMASH AND WAVE



<i>Level 1 Smash</i>	<i>Level 2 Smash</i>	<i>Wave</i>
12:00pm Saturdays	1:30am Saturdays	3:00pm Saturdays
Saturday May 1st	Saturday May 1st	Saturday May 1st
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Saturday May 8th	Saturday May 8th	Saturday May 8th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Saturday May 15th	Saturday May 15th	Saturday May 15th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Saturday May 22nd	Saturday May 22nd	Saturday May 22nd
Term 2 - Grading Day	Term 2 - Grading Day	Term 2 - Grading Day
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Saturday May 29th	Saturday May 29th	Saturday May 29th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Saturday June 5th	Saturday June 5th	Saturday June 5th
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Saturday June 12th	Saturday June 12th	Saturday June 12th
Term 2 - Grading Day	Term 2 - Grading Day	Term 2 - Grading Day
Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Saturday June 19th	Saturday June 19th	Saturday June 19th
Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
Sunday June 27th	Sunday June 27th	Sunday June 27th
Studley Park Golf Course	Studley Park Golf Course	Studley Park Golf Course
TBC	TBC	TBC

Smash/Wave class run for 1.5 hour

SUNDAY CLASSES – SMASH

<i>Level 1 Smash</i>	<i>Level 2 Smash</i>
12:00pm Sundays	1:00pm Sundays
Sunday May 2nd	Sunday May 2nd
Yarra Bend Golf	Yarra Bend Golf
Sunday May 9th	Sunday May 9th
Yarra Bend Golf	Yarra Bend Golf
Sunday May 16th	Sunday May 16th
Yarra Bend Golf	Yarra Bend Golf
Sunday May 23rd	Sunday May 23rd
Term 1 - Grading Day	Term 1 - Grading Day
Sunday May 30th	Sunday May 30th
Yarra Bend Golf	Yarra Bend Golf
Sunday June 6th	Sunday June 6th
Yarra Bend Golf	Yarra Bend Golf
Sunday June 13th	Sunday June 13th
Term 1 - Grading Day	Term 1 - Grading Day
Sunday June 20th	Sunday June 20th
Studley Park Golf Course	Studley Park Golf Course
Sunday June 27th	Sunday June 27th
Studley Park Golf Course	Studley Park Golf Course
TBC	TBC

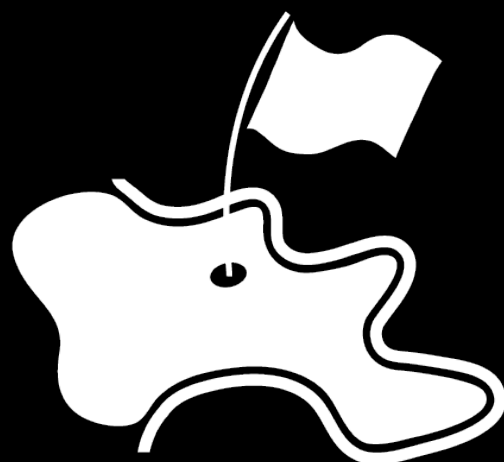


Smash/Wave class run for 1.5 hour

ELITE DEVELOPMENT

TERM 2 – 2021

(Wednesday)



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WEDNESDAY CLASS – ELITE DEVELOPMENT

INVITATION ONLY

YARRA BEND JUNIOR PROGRAM

IN ASSOCIATION WITH

